# "International Mountain Day" Mitigating Disasters through Preserving Mountains and their Environment

Japanese Experiences

By Hitoshi Igarashi,

Faculty of Risk and Crisis Management, Chiba Institute of Science Chiba, JAPAN

# Greetings from Japan & Celebrating International Mountain Day!

- My name is Hitoshi IGARASHI from Japan. I teach at the Faculty of Risk and Crisis Management, Chiba Institute of Science, Chiba Province, JAPAN.
- My apology to all the participants in the on live Webinar today.
- The COVID 19 has affected our lives in every aspect. I have an emergency counter measures meeting at my university and cannot broadcast my presentation live. I am sorry.
- My expertise is emergency management in fact but it is something to do with disaster risk reduction as well.:). Hopefully, my presentation would be useful to your future maneuvers.



#### My presentation will cover:

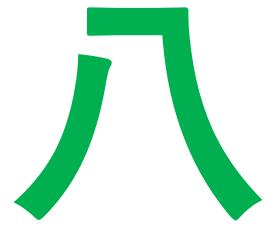
- 1) What we do on the Mountain Day in Japan,
- 2) Our lives with mountains in Japan,
- 3) Our respects to Gods in mountains,
- 4) Our disasters in mountainous regions,
- 5) Our way of preserving mountain environment Japanese experiences, and
- 6) Where we all go in the future.



## Mountain Day in Japan

- 2016, August, the day of 11th became our Mountain Day as one of our national holidays!
- Why August 11?

• In Japanese writing, August (number 8) is written as





Why - the 11<sup>th</sup> day?

11 looks like trees!

\[
 \lambda + 1 1 = Mountain
 \]
 Day
 Very simple equation!





13 provinces out of 47 in Japan had a mountain day already set before the national government did.



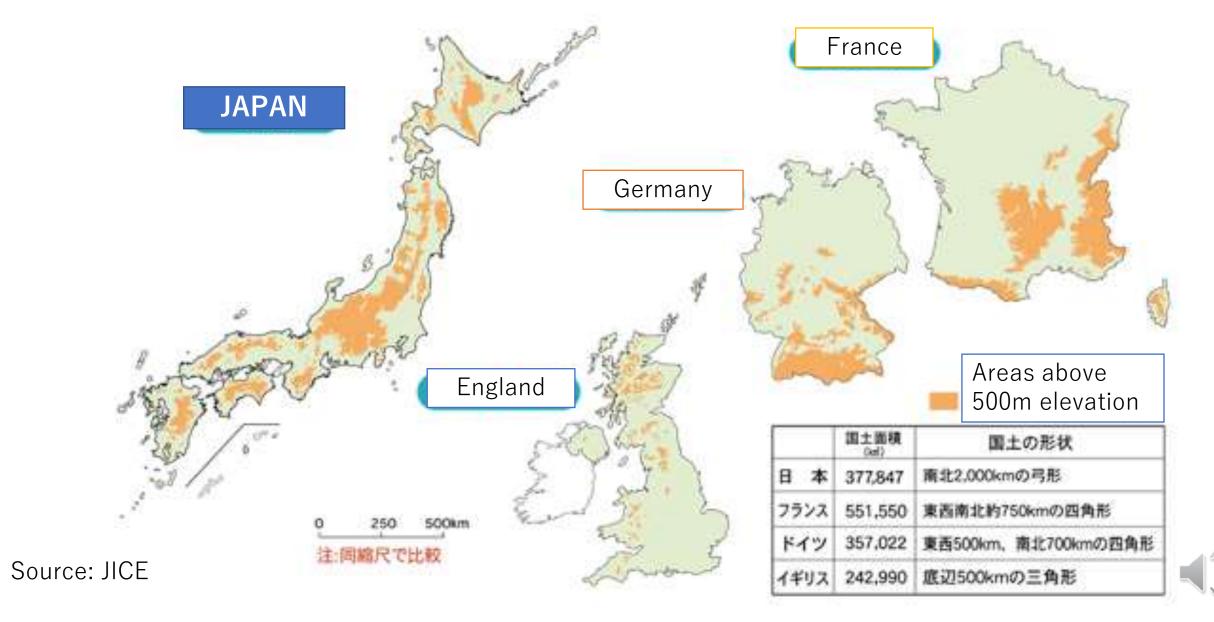
Very clear indication of our

RESPECT

to mountains and their environment



#### Japan's Land



#### Japan

2/3 of Japan's land  $\Rightarrow$  forests.



*Protect*Mountains and Forests= Protecting our Nation





## What we do on the Mountain Day?

According to the law, it is a day to take the opportunity to get to know the mountains and appreciate the benefits of the mountains (including their environment).























#### Gods in Mountains

- Traditionally, mountains in Japan are considered to be holy places where many Gods reside.
- Mountains provide water down to the plains where rice is grown.
- Some Y shaped trees in the forests are residence of the Gods that we should not cut down.



People's Lives in Mountains



Mountains as our life sustenance

Mountain as our water provider











However, not all human activities are environmentally friendly in Japan











Source: Fujisan.or

Unlawful garbage dumping









# Angry Mountains

















## Hard-shell emergency shelters were placed



Source: CTV.co.jp



#### Traffic Jams, climbing the Mt. Fuji



Source: Rakuten Blog





#### Science can solve all our environmental issues?





Source: United Nations

#### How do we co-exist with disaster risks?

 Best way to reduce risks is to live outside the disaster prone areas, but,

- can we simply afford to move to the sound areas where cost of living is usually much higher?
- can we simply afford to live outside the culturally inappropriate areas when the mountain regions provide more spiritually correct environment for certain people?



# Disaster Smart Living (Sustainable Resiliency)

- We sometimes need to accept natural disasters to happen as our reality that we actually do not know the exact mechanism of how, where and when they happen.
- Yes, we can preserve environment with more efforts hoping that disasters would not happen, but they usually happen anyhow.
- Looking at our lives, there is **no ZERO risk** at wherever we are, whatever we do on the planet of the Earth. Somehow, we need to accept this specific fact.
- But, we can still reduce risk using our wisdoms gained through our human history.



## Science, Wisdoms and Spiritualty

Balance among Science, Wisdoms and Spirituality is necessary.

- Scientific advancement and technologies may help us mitigate impacts generated by disasters, either they are natural or man-made.
- Human wisdoms gained from bitter lessons learned at every hardship would certainly guide us to the right directions.
- Spirituality what we know about us human as absolute and unchangeable fact is that we all die one day. This is the only fact, which is irreversible in our lives. Others are not really proven at absolute level (100% correct does not exist). It guides us how we live under a high level of uncertainty. We need to determine to act …preserving environment.

# Disaster Smart Living (New Normal & Sustainable Resilience)

Human Wisdom and their applications

Science and Technologies and their applications

Determination of Environmental Sound Life Styles - Spirituality



#### Thank you very much.

Should you have any questions and comments, please contact me at <a href="mailto:higarashi@cis.ac.jp">higarashi@cis.ac.jp</a>

Hitoshi IGARASHI, Faculty of Risk and Crisis Management, Chiba Institute of Science, Chiba, JAPAN

